



**TMJ & Sleep  
Therapy Centre**

## INFANT TONGUE/LIP TIE EVALUATION

This questionnaire has been compiled from multiple sources to best help us assess an infant patient's symptoms. Please fill out all questions to the best of your knowledge. This information will become part of the medical record and is considered confidential.

Today's Date: \_\_\_\_\_

### Child Demographic Information

Last Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ First Name: \_\_\_\_\_

Gender:  Male  Female Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ ft \_\_\_\_\_ in Weight: \_\_\_\_\_ lbs

Address: \_\_\_\_\_ Address 2: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

### Parent/Guardian Contact Information

Parent/Guardian Full Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Main Concerns

\_\_\_\_\_  
\_\_\_\_\_

### Provider Information

Pediatrician's Office: \_\_\_\_\_ Last Visit: \_\_\_\_\_

Doctor Name: \_\_\_\_\_ Office Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

I authorize communications and consent to release and/or obtain any of my information regarding my treatment with TMJ & Sleep Therapy Centre including a full report of examination findings, diagnosis, treatment plan and progress report between TMJ & Sleep Therapy Centre and the professional care team listed above.

Are you currently working with a lactation consultant?  Yes  No If yes, who? \_\_\_\_\_

Is your infant currently being seen for bodywork (chiropractor, physical therapist, osteopath, occupational therapist, other)?  Yes  No

If yes, what type and by whom? \_\_\_\_\_ Total Visits: \_\_\_\_\_

Is this your first child?  Yes  No Family history of tongue tie?  Yes  No

Has TMJ & Sleep Therapy Centre treated you or a family member in the past?  Yes  No

If yes, who and when? \_\_\_\_\_

### Referral Information - how did you hear about us?

Referral Name/Source: \_\_\_\_\_

Referral Type:  Doctor  Dentist  Specialist  Patient  Other \_\_\_\_\_

Patient/Guardian Initials: \_\_\_\_\_

**Medical History**

Child's Birth Length: \_\_\_\_\_ ft \_\_\_\_\_ in      Child's Birth Weight: \_\_\_\_\_ lbs \_\_\_\_\_ oz

Food allergies?  Yes  No      If yes, which foods? \_\_\_\_\_

Medication allergies?  Yes  No      If yes, which medications? \_\_\_\_\_

List all current maternal and infant medications/supplements: \_\_\_\_\_

Are vaccines up to date?  Yes  No

Did your infant receive Vitamin K injections?  Yes  No

Does your infant have any heart diseases?  Yes  No

Has your infant had any surgeries?  Yes  No      If yes, what type(s) and when? \_\_\_\_\_

Has your infant had prior surgery to correct the tongue or lip tie?  Yes  No  
If yes, what type(s) and where? \_\_\_\_\_

Does your infant have any other medical conditions or health concerns?  Yes  No  
If yes, what type(s)? \_\_\_\_\_

**Pregnancy/Labor History**

Pregnancy:  Normal  High Risk      Birth Location: \_\_\_\_\_

Was your infant premature?  Yes  No      If yes, gestational age at birth: \_\_\_\_\_

Were there any additional stressors with labor?  Yes  No

Select all that apply:  Long Labor/Excessive Pushing  Breech Birth  Unplanned C-Section  Trauma from Vacuum or Forceps  
 Other (please explain): \_\_\_\_\_

Difficulty with latch after birth?  Yes  No      If yes, please explain: \_\_\_\_\_

**Feeding/Nursing**

Mode of Feeding:  Bottle  Breast

Is this your first time breastfeeding?  N/A  Yes  No      Other breastfed children/how long? \_\_\_\_\_

Are you supplementing with pumped breast milk?  Yes  No      If yes, how many bottles/ounces per day? \_\_\_\_\_

Are you supplementing with formula?  Yes  No      If yes, how many bottles/ounces per day? \_\_\_\_\_

Are you using SNS or any other supplementer?  Yes  No

Are you currently using a nipple shield?  Yes  No

How would you rate your milk supply?  Oversupply  Good  Fair  Poor

**Mother's Symptoms**

Please rate your level of discomfort while feeding or when you did breastfeed:

N/A  0 - None  1 - Very Low  2 - Low  3 - Medium  4 - High  5 - Very High

Are you noticing your nipples becoming creased/flattened nipstick shaped/blanched white after nursing?  Yes  No  
If yes, where?  Right Side  Left Side  Both

Are your nipples becoming cracked, bruised or blistered after nursing?  Yes  No      If yes, where?  Right Side  Left Side  Both

Are your nipples bleeding?  Yes  No      If yes, where?  Right Side  Left Side  Both

Is there any severe pain when your infant attempts to latch?  Yes  No      If yes, where?  Right Side  Left Side  Both

Are you experiencing poor or incomplete breast drainage?  Yes  No

Patient/Guardian Initials: \_\_\_\_\_

**Mother's Symptoms, Cont'd**

Do you have a history of, or currently have, mastitis?  Yes  No

Do you have a history of, or currently have, nipple/infant oral thrush?  Yes  No

In a sentence or two, please share your current breastfeeding concerns: \_\_\_\_\_

\_\_\_\_\_

In a sentence or two, please share your breastfeeding goals: \_\_\_\_\_

\_\_\_\_\_

**Baby's Symptoms/Habits**

	Yes	Sometimes	No
Does your infant fall asleep while attempting to nurse?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does your infant slide off breast when latching/feeding?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does his/her upper lip curl inward (does not flip out) when latched?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does your infant have his/her mouth open at rest?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does milk or formula leak/spill out of mouth while feeding at breast/bottle?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is your infant experiencing colic symptoms?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does your infant become visibly frustrated at the breast?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does your infant exhibit reflux symptoms?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has your infant been diagnosed with reflux by a pediatrician?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is your infant extremely gassy?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has your doctor noticed slow or poor weight gain?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you done any pre- and post- feeding weight checks? If so, what was the transfer rate? _____ ounces per _____ minutes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does your infant display gumming or chewing of your nipple while nursing?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is there a noticeable "clicking noise" while feeding?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If yes, is it frequent?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does your infant seem satisfied/content after nursing sessions? If no, please explain: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What is the average length of feeding time at breast in minutes?  Less than 15  15-30  30-45  45-60  60+

**Additional Information to Note**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Signature**

I acknowledge that I have been offered a copy of the Office Privacy Notice and I am familiar with my rights as a patient of TMJ & Sleep Therapy Centre.  
I understand this practice is Fee for Service Out-of-Network and regardless of my insurance coverage, I am responsible for any charges incurred at the time of my visit.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Printed Name

\_\_\_\_\_  
Patient Printed Name

Patient/Guardian Initials: \_\_\_\_\_